

AMPUTEE — PROGRAM —



What Do We Offer?

Physical therapy rehabilitation for lower extremity amputations including:

- Gait training
- Balance training
- Mirror therapy for phantom limb pain
- Education and proper demonstration on how to don and doff the prosthesis
- Home exercise programs to improve flexibility, strength, balance and walking ability
- The motivation and confidence you need to get your life back!

What Will A Typical Session Consist Of?

A typical session of physical therapy will last approximately one hour and focus on meeting your specific needs and goals with where you are in your rehabilitation process. Whether that be learning how to properly put on and take off your prosthesis, or even how to run or hike again, if that be your goal! We will meet you where you are and give you the tools you need to get you to where you want to be!

Amputee Program Director



John Wright Polk IV, PT, DPT, is a 2014 graduate from the University of Kentucky. He has a Doctor of Physical Therapy degree and received his Bachelor of Science degree in Biology from Western Kentucky University in 2011. His clinical interests include sports rehab, orthopedics, manual therapy, rehabilitation of amputees with prosthetic limbs, and working with patients with neurological conditions. He also has previous experience with and thoroughly enjoys treating disorders of the cervical, thoracic, and lumbar spine. He is a

member of the Orthopedic and Sports Physical Therapy Section the American Physical Therapy Association (APTA).



KORT Richmond
5006 Atwood Dr, Suite 2
Richmond, KY 40475
859-623-2057
www.KORT.com